



## Thanksgiving

NOVEMBER 2015



Thanksgiving is a time where we can reflect on all the blessings we have received over the past year. The team at Human Connexus is extremely grateful for many wonderful things this year. We are honored to service the recipients who are family to us. We appreciate each person for letting us into their lives and teaching us the importance of our health and the simple awards of life. We are thankful to our donors allowing us to have an impact on others. We appreciate the time the staff, volunteers and board members dedicate to helping others. Without each one of you, we would not be able to give support to the recipients who appreciate every dollar they receive.

So simply, **THANK YOU** to everyone who supports Human Connexus Foundation! May your holidays be blessed with love and kindness!

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### MEET ALEX

Alex is an inspiration to all of us. Despite the fact that he has been battle cancer for the last 3 years, he has dedicated his life to reducing his carbon footprint. He has selflessly voluntarily worked numerous hours in East San Jose as his passion remains to have a clean environment for his neighbors to enjoy. He has focused his attention on recycling glass, plastic and aluminum. He has also composted his backyard and is growing vegetables. He believes in self-sustainability and has worked towards reducing his water usage. The City of San Jose and Mayor Sam Liccardo commended his effort by giving Alex the SAVE THE PLANT award.

This has not been easy because his personal challenges with Osteosarcoma. Alex was diagnosed in March 2012 at just 15 years old. His cancer is terminal. He has had over 22 surgeries on his leg, lungs and mid-section. He suffered through



numerous rounds of aggressive chemotherapy, but the cancer continues to return. In November of last year, he was given two weeks to live with a terminal diagnosis; yet he is still here today.

Alex desperately wants to live. Yet during his battle, he has inspired a community with his recycling and trash cleanup projects in order to "save the planet". His mom is a single parent since Alex was one-year-old. She continues to hold a job at a dentist office but rarely gets an opportunity to work because she is taking care of Alex. She feels so blessed that the dentist is so compassionate and has not terminated her. However, mortgage payments and bills are high in the bay area, and Alex constantly worries about how his mom will keep up; both now and when he is gone. Alex hopes that some assistance will help alleviate some of the burden on his mom so they can spend time together chasing rainbows and dreams in the time he has left.

## GIVING TUESDAY - December 1

December 1 is Giving Tuesday which is a nationally recognized day where individuals get the opportunity to give to charities to make a difference in someone else's life. Making a donation to Human Connexus Foundation is a great way to celebrate Giving Tuesday because your donation will provide financial assistance to support someone who is coping and healing from a medical condition that has caused them financial hardship.

We have a variety of ways you can give.

- **Recurring monthly gift contributions:** Instead of making a one-time contribution, you can spread your donations throughout the year. Human Connexus has the ability to charge your credit card on a monthly, quarterly or annually basis. Just click the DONATION button below and when prompted for RECURRING donation, place in the frequency that works best for you.
- **Stock Donations:** If you have appreciated stock and interested in donating it to Human Connexus Foundation, we would appreciate the contribution. All you need to do is transfer the stock and we will make sure the necessary paperwork is completed so you receive the fair market value of the stock as your contribution.
- **Gift Cards:** During the holiday season, Human Connexus likes to send the recipients gift cards so they can purchase a few extra necessities for themselves or their family members. Gift cards from local grocery stores (Safeway, Costco, etc.) drug stores (Walgreens, CVS, etc) or department stores (Kohl, Walmart, Macy's etc) are greatly appreciated. Please send the cards to our mailing address: 1177 Branham Lane #325, San Jose, CA 95118.
- **One time donation:** This has been a busy year, if you have not made your yearly donation, please click the donation button.
- **Amazon Smile:** Did you know that if you purchase products on Amazon Smile, Amaon will donate 0.5% to Human Connexus Foundation? When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. When you sign up, just choose Human Connexus Foundation as your charity.

[DONATE NOW](#)

Love and Peace,

Cindy Campbell  
Founder & Executive Director

